

**MANIFESTO FOR**  
**ONE HEALTH**

**I N    E U R O P E**

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# The Manifesto

This manifesto aims to give voice to a **European Regenerative Healthcare** movement and incentivise actions across the food, agriculture, and healthcare systems.

This piece aims to align the voices of different stakeholders in order to achieve **One Health** in Europe.

# 1. The problem: On the verge of climate, health, and food collapse

**1**

**SOIL CRISIS**

**2**

**HEALTHCARE CRISIS**

**3**

**NUTRIENT DENSITY CRISIS**

**4**

**FOOD SYSTEMS CRISIS**

## 2. One Health and Regenerative Healthcare

**One Health** highlights that the health and well-being of humans are inseparably linked to the health of other ecosystem components such as soil, plants, and animals.

**Regenerative Healthcare** is one of the practical solutions of One Health, where soil health connects to human health.

Nutrient-dense food, grown agroecologically, is provided to hospitals and other public institutions as a tool to treat and prevent disease.

## 3. Our asks

We ask the relevant stakeholders and decision-makers to recognise the significance of the cause and **provide urgent and concrete actions** to promote One Health at local, regional, national and European levels.

### HOW?

**A) EDUCATION** on One Health and the application of regenerative healthcare

**B) POLICY REFORMS** towards a public regenerative healthcare system according to the European Green Deal

**C) ACTIONS** to make nutrient-dense food recognised as a basic human right

**D) SUPPORT** agroecological transitions in the next CAP

**We will take the Manifesto for One Health Europe to the EU One Health Conference on the 13th of November.**

**READ, SIGN AND SHARE THE  
MANIFESTO**

**Join our movement.**

**Sign as an individual and as an organisation.**

