

# INSPIRATIONAL WOMEN IN HEALTH & NUTRITION



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# ANN COOPER



Along with being the "Renegade Lunch Lady" and leading advocate for healthy, scratch-cooked school food, Chef Ann Cooper is a staunch champion for women chefs and restaurateurs.

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# MAYA FELLER



A registered dietitian and nationally recognized nutrition expert. In her practice, her team provides medical nutrition therapy for the management of and risk reduction of non-communicable diseases.



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# MEGHAN ROSSI



A dietitian, nutritionist and author specialising in the microbiome. She holds a PhD in gut health. Rossi founded the website The Gut Health Doctor and The Gut Health Clinic in London.



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# BELA GIL



The “muse of healthy. A chef, writer, and activist. In 2019, she was awarded the Zero Hunger Medal by the UN’s Food and Agriculture Organizationt malnutrition and world hunger.

# —TAMBRA RAYE STEVENSON



An African-American entrepreneur, nutrition educator, public speaker, policy advisor, inventor, and food justice activist. Stevenson founded WANDA and NativSol Kitchen.



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# EVELYN TRIBOLE AND ELYSE RESCH



Nutritionists, dietitians and founders of Intuitive Eating. A self-care eating framework, which integrates instinct, emotion, and rational thought.



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# GEMMA NEWMAN



British medical doctor, nutritionist, author and advocate of whole food plant-based nutrition. Author of "The Plant Power Doctor"

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# JESSIE INCHAUSPÉ



A French biochemist and author. She writes about the importance of balancing one's blood sugar for optimal health. Called the Glucose Goddess.

We are during our Women's Month,  
a whole month dedicated to female  
health and women in agriculture.

**For women by women**



Coalition of Health Professionals  
for Regenerative Agriculture