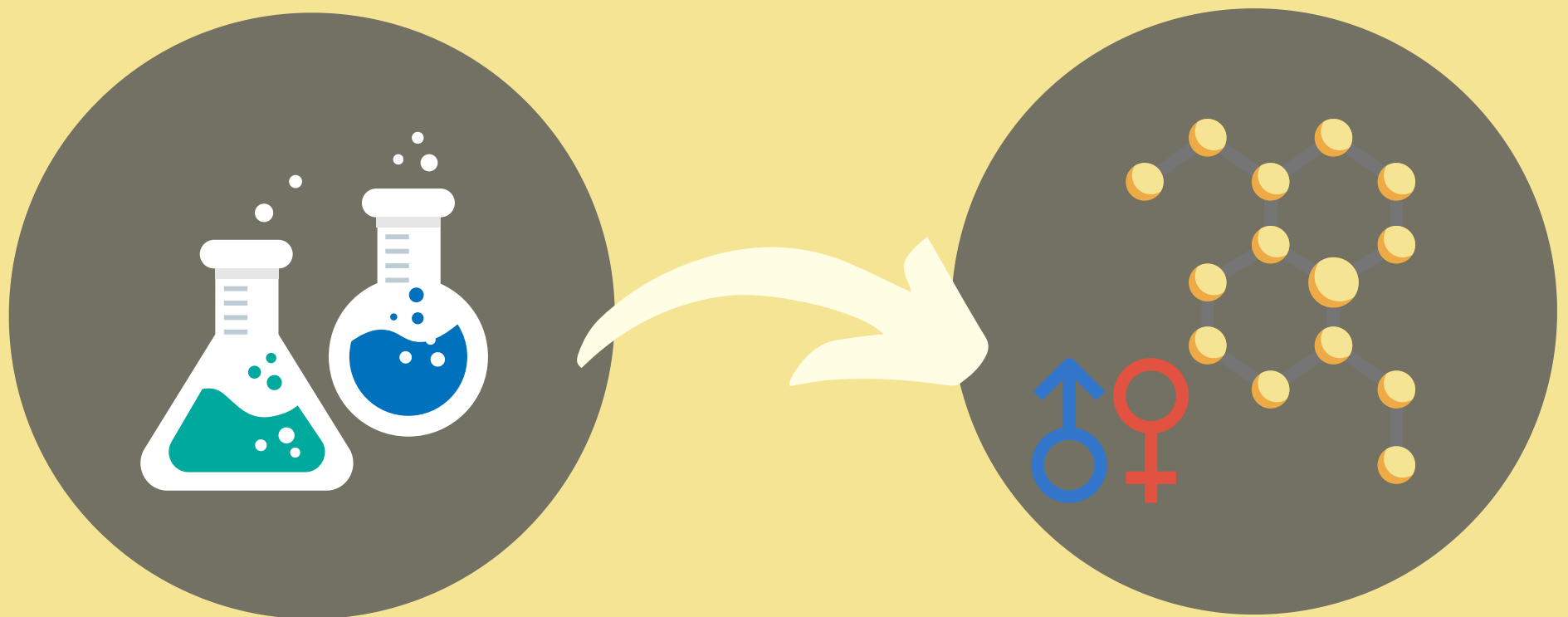


ENDOCRINE DISRUPTIVE CHEMICALS



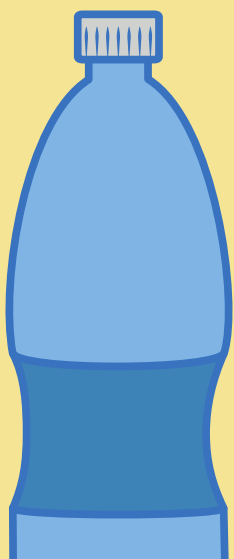
What are Endocrine Disruptive Chemicals?

Endocrine-disrupting chemicals (EDCs) are chemicals, or mixtures of chemicals, that interfere with any aspect of hormone pathways.



What are the sources of EDCs?

Exposure to EDCs can occur via: plastic bottles and containers, liners of metal food cans, detergents, flame retardants, food, toys, cosmetics, and pesticides.



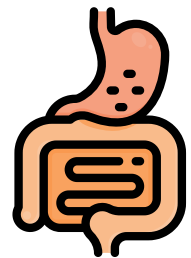
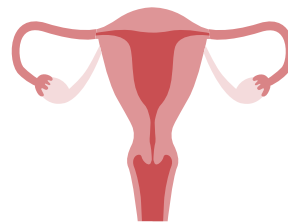
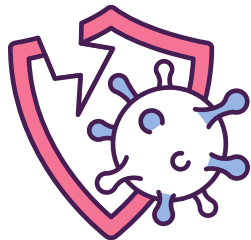
How does EDC affect our health and the environment?

Over the last decade, endocrine research has highlighted the potential impacts on human and environmental health after widespread exposure to EDCs.



EDC and Human Health

It is now clear that multiple hormonal systems, including those involved in fetal development, immune response, reproduction, metabolism, obesity, and brain development, can be targets of EDCs.



EDC and One Health

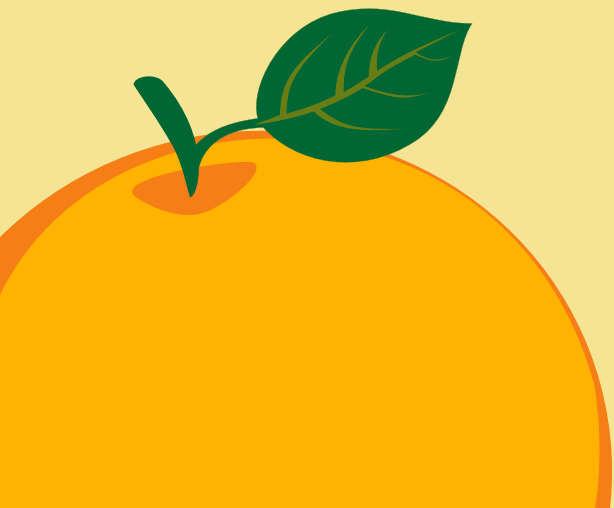
EDCs have become present in many ecosystems, soil, plants, animals and humans. In order to achieve **one health**, we need to reduce/remove chemical exposure by focusing on organic, regenerative and chemical-free products, agricultural practices, food, and much more.



Pesticide residue in European food

"Almost
1 in 3...

of all fruit/vegetable
products sold in Europe
contain more than one
pesticide contaminant"
(Pesticides Action Network)



How to avoid exposure to EDCs?

- Avoid plastic containers
- Avoid canned food/beverage
- Consume fresh and organic food
- Avoid fast/processed foods
- Avoid not natural cosmetics
- Avoid chemical cleaning products
- Avoid plastic bottles and packaging



We are on a mission to spread awareness amongst health professionals about the connexion between soil-human health.

Join us in our mission!



Coalition of Health Professionals
for Regenerative Agriculture